

# LCFSA Ice Time

There are 4 different ways to purchase club ice time. Below is a description of each.

**Block Contracts:** There are generally 5 blocks per skating year, each block runs for 8 weeks on average. This is the least expensive way to purchase ice time but there are a few restrictions as follows:

1. A separate contract must be completed for each skater
2. ***All weeks must be purchased to use the block contract.*** The only sessions that can be omitted are those noted on the contract as “no ice”.
3. There are 2 rates on the contract, the rates are based on the number of skating sessions per week per skater that is being contracted as follows:
  - 1 – 3 sessions \*per week\* will be at \$15 per session.
  - 4+ sessions \*per week\* will be at \$13 per session.
4. For families purchasing ice time for multiple skaters, a single contract can be used to take advantage of the discounted rate.

**Walk On Cards:** Purchase 5 walk-ons at a time at a discounted rate of \$16 per session. The cards will cost \$80 each.

**Straight Walk-Ons:** If session is not contracted or paid for with a walk-on card it is considered a straight walk on, the rate per session is \$17.

**Non-Member Walk-Ons:** Non-members may skate on club ice time for the rate of \$20 per session. They are required to sign a waiver before getting on the ice.

These rates are subject to change at the start of each new block. I hope this helps clarify the options for everyone. Please feel free to contact me with any additional questions you might have. Thanks and happy skating!

Traci Gionfriddo  
LCFSA Membership Coordinator  
617.306.3096  
[traci@sbbcapecod.com](mailto:traci@sbbcapecod.com)

# Lower Cape Figure Skating Association, Inc.

**ISI**  
**2008 - 2009 Season**

**P.O. Box 1197**  
**East Orleans, MA 02643**

LCFSA MEMBERSHIP FEE (check one):

- |  |  |
|--|--|
| <input type="checkbox"/> Full Family \$200.00        | <input type="checkbox"/> Full Individual \$150.00  |
| <input type="checkbox"/> 1/2 year Individual \$75.00 | <input type="checkbox"/> Synchro Only \$50.00      |
| <input type="checkbox"/> Alumni \$25.00              | <input type="checkbox"/> Limited Associate \$25.00 |

Last Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Parent's Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
Street Town, Zip

	PERSONAL INFO		ISI INFO		*USFSA INFO	
	First Name	Date of Birth	Membership Number	Last Level Passed	Membership Number	Last Level Passed
Skater #1						
Skater #2						
Skater #3						

\*USFSA Membership application and fees are separate.

Mother's Name: \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
Father's Name: \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_

Emergency Contacts if unable to reach parents:

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Emergency Medical Release Statement:**

In case of a medical emergency, I authorize any CMA staff person to administer basic first aid and/or call the Orleans Rescue Squad. I understand that every effort will be made to contact the parent/emergency contact person beforehand unless in their judgment it is imperative the rescue squad or a physician be consulted immediately.

**LCFSA Statements:**

I understand as parent/guardian of Skater(s) \_\_\_\_\_ that I am responsible for the ice time indicated on all contracts signed. I understand the rate for each session depends on the amount of time chosen, whether the payment for each block is received in the mail or in person on or before the due date indicated. I understand that if the full payment is not made by the due date, the skater will not be allowed on club ice until it is received.

I understand that in the skater's absence, the absentee's ice will be offered for sale by LCFSA (voted 8/30/88). The only exception to this is for a family member who may skate on the absent skater's ice time.

For long term illness or injury, A doctor's note must be presented to the Executive Board before the Executive Board will arrange a credit of contracted ice time.

Refunds of ice time cancelled by LCFSA or the Charles Moore Arena will be given as coupons to be used to purchase walk on ice during regular scheduled sessions (if space is available).

I understand that payments received by LCFSA will be applied **first to any outstanding balance owed** by this/these skaters (from prior blocks, any team tuition owed, clinic fees owed, competition fees owed) prior to being credited to any new club offered program, clinic or competition.

As an LCFSA club member/parent, you are **expected to volunteer throughout the year** and at special events such as shows and competitions. In addition all listed members, individual or family, are expected to participate in club fundraising events. All terms and conditions are understood.

Signed \_\_\_\_\_ Date: \_\_\_\_\_

**ISI**  
**2008 - 2009 Season**

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**P.O. Box 1197**  
**East Orleans, MA 02643**

## **Lower Cape Figure Skating Membership Terms:**

**Full Family** - This membership is for two or more family members. This entitles members to all club offered ice time at club prices, ISI Membership, annual Skate with Santa, annual Spring Show, fundraising and volunteering.

**Full Individual** - This membership is for one individual skater. This entitles member to all club offered ice time at club set prices, ISI Membership, annual Skate with Santa, annual Spring Show, fundraising and volunteering.

**1/2 Year Individual** - This membership is for one individual skater joining the Club at partial membership year remaining. This entitles member to all club offered ice time at club set prices, ISI Membership, annual Skate with Santa, annual Spring Show, fundraising and volunteering.

**Synchro Only** - This membership is for one individual to join a Club sponsored synchronized skating team. This does not include the team's tuition or team fundraising. This entitles member to participate with the team at the annual Skate with Santa and annual Spring Show.

**Alumni Student** - This membership is for one individual skater that is student Alumni of the LCFSA Club. This entitles member to all club offered ice time at club prices.

**Limited Associate** - This membership is for non-club affiliated individual ISI skaters in good standing the opportunity to skate at ISI competitions representing LCFSA.

# Lower Cape Figure Skating Association 2009/2010 Code of Conduct

Adult members, coaches and parents of minor members are required to review, discuss and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing the attached agreement before participating in club activities. The Club wishes to maintain a safe skating environment and will benefit from having a uniform standard of behavior.

## GENERAL

All LCFSA members must conduct themselves in a manner respectful of all policies and property at Charles Moore Arena as well as any other facility. Any violation of facility policy may result in disciplinary action from the Club. This Code of Conduct is also in effect when the Club is represented at out of town activities. Please exhibit a model of behavior that will provide a good example to our communities and our supporters and will encourage pride in our club.

Members are expected to display proper respect and sportsmanship towards fellow skaters, coaches, officials, parents, rink management and staff and the general public.

Any act performed by a Club member that a rink attendant, Club member, parent or Coach sees and deems unsafe or inappropriate may be brought to the LCFSA Board's attention for any disciplinary action necessary. At the discretion of the Coach, minor infractions of this code may be handled by the Coach in cooperation with the skater and parent ONCE. The Coach is to report to the Board the nature of the infraction, the skater involved and the corrective action taken. Repeat violations are to be brought to the Board's attention for action.

Persons appearing to be under the influence of alcohol or mood-altering drugs will not be allowed on the ice.

As many different people and personalities come together to participate in skating it is not unreasonable to anticipate that conflicts will occasionally arise from differences of opinion or simple misunderstandings. It is expected that a resolution will first be sought between the involved parties. Each party, when made aware of an altercation, must act in a mature, polite, gracious manner while listening to the other party. If a resolution cannot be reached the situation should be brought to the attention of a Coach for mediation. If the Coach is unsuccessful in reaching a resolution acceptable to both parties, the Coach shall then bring the matter to the Board in writing.

## **Member Pledge:**

I understand that I have been granted the privilege of becoming a member of the Lower Cape Figure Skating Association. As a member of this club I pledge the following:

At all times my language and behavior will demonstrate good sportsmanship and respect.

I will support and encourage all other skaters at practices, competitions and test sessions.

I will be polite and respectful of all coaches, parents, staff members and guests.

I will be considerate and respectful of others' feelings; my outward attitude will remain positive even when my inner feelings are not.

## **LCFSA Members Bill of Rights and Duties:**

I have the right to be happy, to have fun and to be treated with respect; It is my duty to encourage others to be happy, to have fun and to treat everyone with respect.

I have the right to expect that I will not be teased, criticized or deliberately offended; it is my duty NOT to tease, to be supportive and encouraging, and to make sure that my behavior is not offensive to other skaters, coaches, parents, rink management, staff members and guests of our club. It is my duty to find a way to express myself without hurting or offending others.

I have the right NOT to hear bad language and name calling; it is my duty to speak appropriately, with proper language and to encourage others to do so. I have the right NOT to be made to feel left out; it is my duty to include others in my fun, whenever I can.

I have the right to learn, at my own level and at my own pace; it is my duty to cooperate with my coaches and team members. I will respect the time my coach gives to me by being on time to lessons, being prepared, being courteous and being attentive. I have the right to my time with my coach; I will not interrupt or distract other skaters when they are in lessons.

I have the right to expect privacy and respect for my feelings and my belongings; it is my duty to respect the feelings of others and not to touch anything that does not belong to me.

# Lower Cape Figure Skating Association Code of Conduct

## 2009/2010 ACKNOWLEDGEMENT AND ACCEPTANCE FORM

Adult members, coaches and parents of minor members of the Lower Cape Figure Skating Association are required to review, discuss and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing this agreement before participating in club activities. The Club wishes to maintain a safe skating environment and will benefit from having a uniform standard of behavior. Adult members (over 18 years of age) are asked to acknowledge their acceptance below. Parents and/or Guardians should review and discuss this code with minor skaters and *both* parent/guardian and minor skater are asked to acknowledge their acceptance below.

By signing below I certify that I have read, understand and accept the 2009/2010 Code of Conduct including the consequences for code violations, as presented in the previous four (4) pages.

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Skaters Name

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Skaters Signature Date

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Adult Member/Coach Name

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Adult Member/Coach Signature Date

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Club Membership Coordinator Received Date

# Lower Cape Figure Skating Association

P.O. Box 1197

East Orleans, MA 02643

## Block 1 Contract

### September 8 – October 29, 2009 (8 Weeks)

Skater's Name \_\_\_\_\_

Phone # \_\_\_\_\_

Pro's Name \_\_\_\_\_

**Step #1** - Please check  the sessions you wish to skate:

<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Saturday</i>	<i>No Ice Sat. 9/26 and 10/10</i>
<input type="checkbox"/> 4:00 – 5:00	<input type="checkbox"/> 2:45 - 3:45	<input type="checkbox"/> 2:45 - 3:45	<input type="checkbox"/> 2:00 - 3:00	
	<input type="checkbox"/> 4:00 - 5:00	<input type="checkbox"/> 4:00 - 5:00		
	<input type="checkbox"/> 5:00 - 6:00			

**Step #2** - Calculate contract amount.

# of Sessions per week <small>√ id</small>	# of Weeks this block	Total sessions skating	Less No Ice on Sat. 9/26 and Sat. 10/10	Total sessions skating	**Rate per session	Total due this contract
	<b>X 8</b>	=		=	<b>X</b>	=

**\*\* 1 to 3 sessions per week = \$15.00 per session**

**\*\* 4 to 7 sessions per week = \$13.00 per session**

**Step #3** - Sign form and enclose cash or check made payable to LCFSA. Drop in the mail or at the rink.

- Notes:
- 1) Payment & contract is due in full by first skating session.
  - 2) Coupons cannot be used towards contract bill.
  - 3) No credits can be given for absences or vacations. **NO SWITCHING ICE TIMES!**
  - 4) Any questions please call Traci Gionfriddo @ 617.306.3096 or [traci@sbbcapecod.com](mailto:traci@sbbcapecod.com).

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

For Membership Coordinator's Use Only

Date: \_\_\_\_\_ Paid by cash or check # \_\_\_\_\_ Amount \$ \_\_\_\_\_ Balance due \_\_\_\_\_

# **FUNDRAISING** **2009/2010 SKATING SEASONS**

It is a new skating season and we are taking a new approach to fundraising. This year we are trying to put fun into **fund**raising! We have set our fundraising goal this year at \$10,000.00, this is the amount the club pays to C.M.A. to subsidize the cost of ice for our members and is equal to the cost of ice for one block. We know this goal is ambitious but it is vital we achieve it to avoid raising rates for ice time.

Our first fundraiser will be a calendar raffle. You will receive the calendar tickets to sell in September and prizes will be pulled every day in October, that's 31 chances to win with each ticket! The second fundraiser will be our annual pie and cookie dough sale, held in November and the third fundraiser will be a Lottery ticket raffle Sale at the Santa skate. Every club member will be asked to buy and donate five \$1.00 lottery tickets. The tickets will be attached to a wreath or Christmas tree at the rink and will be sold during the Santa skate. Our fourth fundraiser will be a Skate-A-Thon that we are planning to hold in February, more information will be provided as we get closer to the date. And finally, our fifth fundraiser will be everyone's favorite, the Laurino's dinner in March, more info will be provided on this in January.

It will be great working with all of you to reach our goal. We will be setting up a skate thermometer at the rink so everyone can follow our success. We know we can count on everyone for the help we will need in accomplishing all of this.

Thanks,

Deb Bedard  
Fundraising Chair Person

# Lower Cape Figure Skating Membership Directory Sign-up Form

*Yes, I would like my skater(s) included in the 2008-2009 Membership directory published and disbursed to Club Members only.*

**The following information is to be included:**

**Skater Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Birthday:** \_\_\_\_\_

**ISI #** \_\_\_\_\_ **USFS #** \_\_\_\_\_

**Parents:** \_\_\_\_\_